

Fall/Winter Newsletter 2023

30 Harrison Ave - Branford, CT 06405 / www.communitydiningroom.org

A Letter from the Executive Director

Dear Friends:

Here we go again - the Holiday Season came quickly upon us! We get asked often how our supporters can help during this time of year at the Community Dining Room.

GIVE FOOD

GIVE FUNDS

GIVE TIME

By donating food, you can help ensure that those who are struggling to make ends meet have access to nutritious meals. Food drives are a great way to help those in need. They provide a much-needed source of nourishment to help us cook meals daily. By organizing a food drive, you can help us provide meals to those who would otherwise go hungry. It is a great way to give back to the community and show your support for those who are less fortunate. Plus, it is a great way to get others involved in a charitable cause.

By giving funds, you can help support our organization that provides essential services to those in need, such as referrals for housing and employment. During the holidays, it can be especially difficult for those who are struggling financially, and places like the Community Dining Room provide an invaluable service to many in need. Monetary tax-deductible donations go towards the purchase of food, supplies, and other resources needed to provide meals and services to our participants.

And by volunteering, you can provide valuable services to the community, such as helping with meal preparation, picking up donated food, or delivering meals. Volunteering at CDR is a great way to give back to others. It provides an opportunity to connect with people from different backgrounds and perspectives, and it can be a very rewarding experience. Not only do you get to help, but you also get to learn about different cultures and experiences. Additionally, volunteering can provide a sense of purpose and fulfillment, as you are able to make a positive impact in your community.

All these actions can make a tremendous difference in the lives of those in need and help them to lead healthier and more productive lives.

A big heartfelt thank-you to all those who give in so many ways to support our mission at CDR. Your contributions will help us to continue our work of providing essential services to those in need. We are truly grateful for your support and kindness. Your generosity makes a real difference in the lives of those we serve. We appreciate all of you!

Wishing you a safe and healthy holiday season!

Sincerely, Judith Barron, Executive Director





Weekly Meal Schedule

Sunday - Saturday 12:00 - 1:00 PM

Tuesday & Thursday Family Night Meal

5:00 - 6:30 PM *Includes meal & craft time.

Tuesday & Thursday Night Take-Out

Pre-registration required. Pick-up from 5:00 - 6:30 PM Call 203-488-9750ext.2 to register.

Homebound Meal Delivery Schedule

BRANFORD:

MON / WED / FRI

NORTH BRANFORD:

MON / WED / FRI Info. on Home Delivery 203-488-9750ext.2

NEW

Community Dinners

in East Haven

Every other Wednesday.
Visit our website for dates and locations.
Dine in or take out.
5:00 - 6:30 PM
*Includes meal & craft time.

A RECIPE FOR FALL - Pumpkin Angel Food Cake





Instructions:



Preheat oven to 350 degrees and use cooking spray to lightly grease a 9x13 pan. Proceed to mix all ingredients into bowl.

Pour into baking dish and bake according to box instructions.

Let cool before cutting into squares.

Add whipped cream if desired (we think you should!).



WE ARE 'MORE THAN JUST A MEAL'

PROJECT ASSIST:

This is a community partnership progra Once a month, we provide bags of basic human needs items as well as snacks. Interested in partnering with the CDR? Contact our Program Coordinator for more info.

CT FOODSHARE MOBILE PANTRY

Every other Friday - 10:30-11:15am At New Antioch Church 65 Burban Dr. - Branford *See website for schedule

Branford Diaper Bank

-Registration required -Located at the CDR -No income guidelines -Open to any Branford resident -Baby snack packs offered at pick-up

Contact BELC to register 203-488-4512 Pick-up is the 2nd Tuesday of each month during Family Meals @ CDR

#weappreciateyou











UPCOMING FUNDRAISERS:

BRANFORD GETS FED

Wed, Nov 8th - 6:00-8:00pm a the Pine Orchard Yacht & Country Club *Call CDR for tickets 203-488-9750 x3 or visit our website for online ticket link

GIVING TUESDAY/PIE WARS

Tuesday Nov.28th - Online Giving Wednesday Nov.29th - Pie Wars

GINGERBREAD COMPETITION

@Blackstone Library

DATES TBD **HARBOR LIGHTS**

Dec. 16th

HAVE YOU HEARD?

We are happy to announce our newly expanded nutritional services in the East Haven community. Please visit our website for more info.

BLOOD PRESSURE / SUGAR SCREENING

1st Friday of each month during lunch service @ CDR (12:00-1:00pm)

VOLUNTEERS NEEDED!

- Homebound/Substitute Drivers
 - Food Pick-Ups
 - Seasonal Programs
 - Kids Crafts
 - Kitchen Help / Bakers
 - Cleaning / Organizing









MOSAIC







The COMMUNITY Foundation











2023 Grant Funders

Act II Thrift Shop Branford Lions Club CT Foodshare The Madison Foundation **Homemaker Thrift Shop Branford Community Foundation Guilford Foundation** Youth Action Group - (YAG) Guilford The Swedish Aid Society **Seedlings Foundation** Summer Island Day Fund **Bessemer Trust** Harry H. Johnson Fund **Archdiocese of Hartford** Barnum Foundation for Life





Keep up-to-date on all events, programs & fundraisers on our website and Facebook page.

CONTACT US:

www.communitydiningroom.org Follow us on Facebook:

www.facebook.com/CommunityDiningRoom06405 Contact us via email or phone 203-488-9750

Judith Barron (Executive Director) Ext. 4 jbarron@communitydiningroom.org

Diana Vaicunas (Operations Director) Ext. 5 operations director@community dining room.org

Joanne Corbin (Administrative Assistant) Ext. 3 info@communitydiningroom.org

Program Coordinator Ext. 2 programcoordinator@communitydiningroom.org

Joe Limitone (Volunteer Coordinator) Ext. 1 volunteercoordinator@communitydiningroom.org

How you can help:



Volunteer Orientation: 2nd Monday night of each month via zoom. Contact Joe Limitone,

Volunteer Coordinator to sign-up.



diaper drive? Contact our **Program Coordinator**

Want to host a food or

Donate through our website. Look for the orange heart.

